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E Course

The "E" Certificate is designed for the parent/coach who may or may not have any previous soccer playing or coaching experience. The curriculum focuses on the development of the player, both individually and as part of the team. The emphasis will be to build on the player's technical development by applying tactical concepts within a team environment. The candidate should be 16 years of age or older.

Objectives:

- To prepare coaches working with players U-12 and older by expanding their knowledge and understanding of the technical and tactical demands of the game and the development process necessary for players these ages.
- To provide an understanding of practical coaching methodology and the framework necessary to prepare players and a team for competition.
- To prepare coaches for whom this represents their final coaching course, as well as, those who plan to continue to further their coaching education.

Curriculum (18 hours):

Classroom / Theory

- Methods of Coaching, Team Management, Tactics, Laws of the Game, and Care and Prevention of Injuries.

Field / Practical

- Dribbling, Passing, Receiving, Shooting, Heading, Goalkeeping, Defending, and Attacking.

Comprehensive Assessment & Review

- Practice Coaching and a non graded take home exam on tactics and methods. Attendance at all 18 hours is mandatory.

Fee

- \$60 per candidate (effective August 1, 2008) for coaches of LSA teams (a minimum of 12 candidates and a deposit is required).
- \$80 per candidate for coaches of non LSA teams.

For more information please contact Mark Godwin, LSA State Director of Coaching.

Member: US Soccer Federation - US Youth Soccer - US Adult Soccer Association.